

Adult Learning

Digital Skills

This course is designed for adults who want to get a basic understanding of how to be safer online and reduce the risk of being affected by Cybercrime.



Being Safe Online

Learn how to be safer online

FREE COURSE

Friday 17th April 2026

09:30 – 11:30 am

for 2 weeks

In Penrith Library

Many of us use devices to access online services, email, Social Media, online banking and shopping! It's difficult to imagine how we would do things without them, so it's really important we are cyber aware. On this course you will learn about cybercrime and the risks and effects it has on individuals and organisations. Understand routine methods used to maintain e-safety and protect your devices.

ENROL NOW!

To book a place please visit our website at: adultlearningcumbria.org. Search under the heading 'Digital Skills', 'E-Safety'. You can then complete an online enrolment form. Or speak to one of the Penrith Adult Learning Team on **07468 709606** or email penrithadultlearning@westmorlandandfurness.gov.uk



Westmorland
& Furness
Council

Working for Cumberland Council and
Westmorland & Furness Council